Lepe Loop

Distance:	5 miles
Start:	Lepe Country Park



Directions

A. Leave Lepe Country Park along the coastal road with the sea on your left. Remain on the footpath past the Watch House, joining the permissive beach path in front of Lepe House.

Low Tide Route

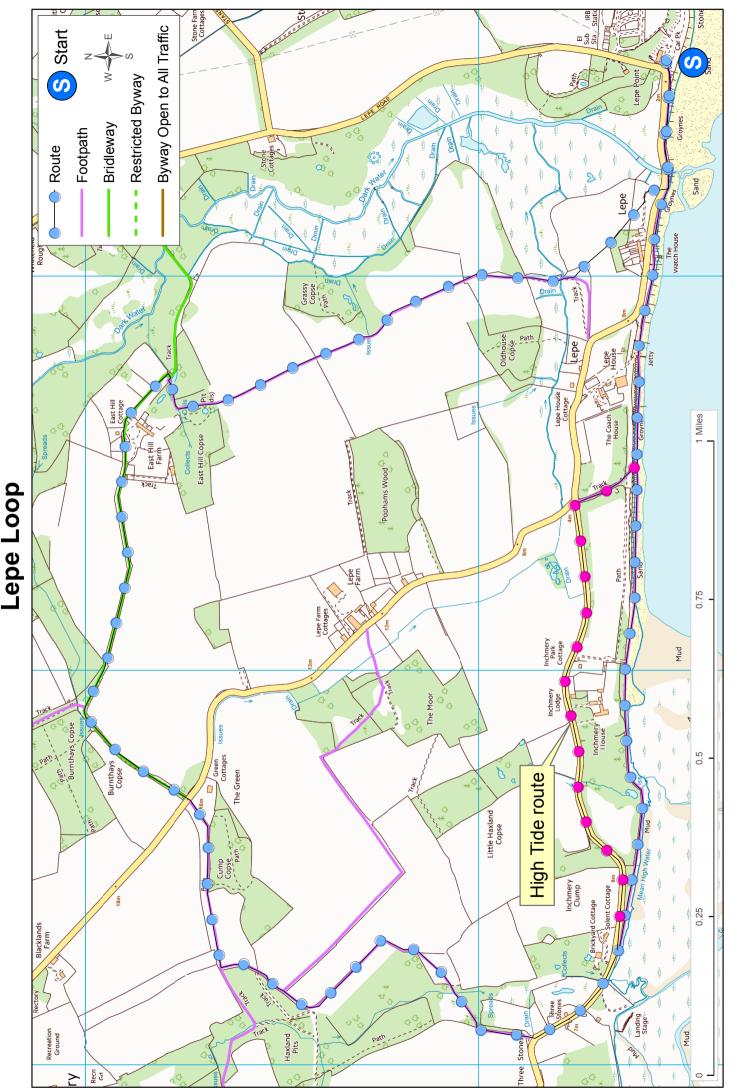
As the path ends continue along the beach, remaining at base of the cliffs (there are some fallen trees and concrete remains to walk around). Skirting the edge of the salt marsh, follow the foreshore around the Oak trees growing at the waters edge, continuing until you meet the road. Turn left to follow the road.

High Tide Route

Just after Lepe House, 20 metres before the yellow beacon, turn right up the small hedged footpath leading to the road and turn left down Inchmery Lane. Stay on the lane which passes Inchmery House on your left and drops down to meet the salt marsh before bearing inland.

- B. Follow the road uphill until it bears sharply left and on the corner take the footpath through a small gate on your right. The hedged footpath leads over a board walk and through a copse and open glade. Cross the footbridge into open ground and bear left uphill to cross a second foot bridge. Turn left following the edge of the large field. Continue around the field (ignoring the gap in the hedge leading to a smaller field) to the woodland. Bear right and pass through two fields, keeping the woodland to your left. At footpath T junction turn right along fence line until it reaches the road.
- C. Cross the road and continue along the gravel track for approximately 1km to East Hill Farm. At the end of the track, follow the small grassy footpath down the far side of the farm buildings. Enter the wood and take an immediate right turn at path T junction, following the footpath around the woods.
- D. As the path climbs leaving the woods, it opens up into fields. Continue straight on through the middle of three fields of crops. Cross the stile into a paddock and follow the fence line down hill and through a large gate at the bottom. Walk along the track, over a small stream and bear left up the hill and through two small gates (signposted permissive path). Turn diagonally right across the field, heading to two small gates to the left of the Coast Guard Cottages. Go through the gates into the Western car park and continue left along the sea front, returning to Lepe Country Park.





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